



Mangolandia Culinary Institute *and* The Cutting Garden  
*present*

# Mangoland Cooks!

**Mangoland Cooks!** is a series of culinary experiences, focused around a participatory class model. You will learn traditional recipes from the indicated cuisine, prepared using premium, fresh, local, organic ingredients. You will find yourself immersed in the sounds, languages, and attitudes of the culture in question. You will meet interesting people and have the opportunity to cook your own homework. Welcome!

Your instructor, Ankur Shah, is a Sequim native of Indian origin. He retired from the hi-tech industry at the age of 23 to study and teach across the world. Ankur has lived on four continents, written two books, and fallen in love too many times to count.

All classes will be held in the farmhouse kitchen amidst the beautiful garden environs of The Cutting Garden, 303 Dahlia Lama Lane, in Sequim. Classes are from 4-7pm on Tuesdays, and include dinner and appropriate refreshments. Tuition is \$50 per person student or \$80 per pair. Discounts available for committed students.

Please come prepared for your gourmet culinary pilgrimage with a sense of humor, adventure, and a sharp knife.

**To reserve, call Ankur at 360-683-5398 or email [mangolandia@gmail.com](mailto:mangolandia@gmail.com)**

## Tentative Course Schedule

Tuesday, September 9th	South India (Idli and Dosa)
Tuesday, September 16th	Southern Mexico (Oaxacan Mole)
Tuesday, September 23th	Lebanon (Assorted mezze)
Tuesday, September 30th	El Salvador (Papusa)
Tuesdays in October	To be announced...



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